

METROCARE SERVICES GUIDEBOOK FRIENDSHIP SKILLS

The following strategies and suggestions have been specifically created to assist you in utilizing the songs and videos while working with your child.

A Hug Works

- What kinds of hugs can we give...physical, facial, notes, pictures, high five, fist bump.
- When are hugs ok? Who is it okay to give a hug to?
- How do you feel when you are hugged?
- Does everyone like a physical hug? Does that mean they don't like you if they want a different type of hug?